



Rules of Play and Game Information

Current U.S.A. Lacrosse and NFHS Rules for the different age groups will be used on the field unless otherwise stated here. Other than specified here, **2024 NFHS Rules will apply.**

Scoring & Time

- Adult, Boys HS & Youth Divisions:
 - 2 - 22 minute halves with 2-minute half time
- Girls HS Divisions:
 - 2- 22 minute halves with 2 minute half time

- Table personnel will keep penalty time. Each referee will keep game time
- Boys: 20 seconds to clear , no 10 sec count & no box touch needed, until final 2 mins of leading team keeping having to get n and keep it in the box
- Mens open : only 4 sec goalie count, no other counts, period. No clearing time, No keep it in.No crease dives, no take out checks
- All games must start on time. Please shorten halftime in event of delays.
- Refs are responsible for signaling the end of each game.
- No Ties - Teams will play a 3 v 3 Braveheart (rules below). If regulation ends tied.
- Injuries:
 - Any injury within 2 minutes and under that requires the game to be stopped, the clock stops with the injury.
 - Any injury with more than 2 minutes remaining when the game is stopped, a maximum of 1 minute will come off the clock to assess the injury before the clock is stopped.
- Playoff Matches:
 - Playoff and Championship games use Sudden Victory standard overtime played to determine the winner.
 - 1 – 30 sec timeout per team for all playoff games. Game clock stops.
 - The timeout does NOT roll over to OT. No timeouts in OT.
- Consolation / Challenge Matches:
 - Braveheart rules: If the game ends in a tie, teams use Braveheart to decide a winner
 - Braveheart will be 3v3 plus a goalie for each team
 - No offsides so it can be a 4 v 3 if the goalie crosses to offense. Subs on the fly are allowed
 - Bravehearts must begin right away



Playoff Bracket Seeding order

- Record
- Head to Head (only two teams)
- Goal Differential
- Coin Toss

EJECTIONS

- Game ejections are handled by the referees. **Communicate to the table to contact the tournament director for all ejections to prevent escalation.**
- Tournament suspensions are handled by the Tournament Director.
 - 2 unsportsmanlike conduct penalties warrant ejection or 1-game suspension
 - Any ejections from fighting will warrant a full tournament suspension.

KEEPING / REPORTING SCORES

Each game will be tracked by the game scorecard which the field staff will have at each game. Coaches must sign game cards so the field staff can report the score of your game. The scorekeeper will update scores and provide game scores to the official score tent. Everything will be updated on TourneyMachine.

SPORTSMANSHIP / CONDUCT

Poor sportsmanship, taunting, trash talking, fighting, or any other unbecoming behavior on the part of the players, coaches, parents, or fans will not be tolerated. All persons involved with a Lax OC Events Tournament and visiting the facility are expected to "Honor the Game". Bad language will not be tolerated. Please treat the officials, opponents, spectators, and tournament staff with the same respect you would like to be shown. The Tournament Directors expect the officials, coaches and players to conduct themselves in accordance with the rules.

Obscene language: Minimum of two minutes. The penalty time is non-releasable.



Boys Rule Specifications – 2024 NFHS Rules Apply

- No stick checks unless refs think a stick is outrageously illegal
- “Keep it in” last 2 minutes - if 4 goals or fewer.
- Counts:
 - All High School Games: 20 seconds to clear half field.
 - Youth Games - no clearing time rule.
 - The leading team must get it in and keep it in the box with under 2 minutes left in the game if the lead is 4 goals or fewer.
 - Last 1 minute remaining in a PLAYOFF GAME ONLY will be stop clock if score is within 2 goals.
- Checking
 - Regular NFHS body checking 2024-2027 (one handed checks allowed)
 - Limited body checking in 2028-2031. A big hit that is clean does not always constitute unnecessary roughness (90 sec penalty). The younger the player, the more limited the checks should be.
 - One handed stick checks are allowed in youth MS divisions (2028-2031)
- PENALTIES FOR ALL:
 - 45 second technical foul; 90 second personal foul; 3 minute penalties remain 3 minutes.
 - Penalty time starts on the restart of the whistle.
 - In home can serve a goalie penalty if no second goalie is available
 - During the last 2 minutes of the game the winning team must keep it in the box when the game is within a 4 goal deficit. Penalty time stops during injuries, end of periods.

GIRLS – 2024 NFHS Rules Apply

- If game time expires and a free position is being awarded in the critical scoring area – the game will continue until the scoring play is over.
- The clock will stop at or under 2 minutes in second half after all goals (playoff games only).
 - If at 2 minutes or under time period for either half of the game and a team has a lead of 4 goals more, then the game clock will remain a running clock. If the score changes to less than a 4 goal differential at any point during the final 2 minutes of second half, the clock goes back to stop clock.
- 2 yellow cards for 1 player – player out remainder of game but may play the next game.
- Red card for 1 player – player out remainder of that game.
- If a team accumulates 4+ yellow cards in a game they have to play a player down per card (starting with the 4th card, i.e. 5 cards = 2 players down) the remainder of the game.